

February 2014
Hi Lites of
Lutheran Manor





Welcome New Residents

Irene Morgan 905
 Ida Besecker 1011
 Deborah Fairall 1115

February 1	(Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
February 1	(Saturday)	Pinochle Party	12:30 p.m.	Lounge
February 5	(Wednesday)	Massage by Appointment	9:00 a.m.	Lounge
February 5	(Wednesday)	Computer Class	10:00 a.m.	Comp Room
February 5	(Wednesday)	A Matter of Balance Class (8th)	1:00 p.m.	Patio
February 6	(Thursday)	Speaker-Hearing Loss	2:00 p.m.	Lounge
February 9	(Sunday)	Valentine's Party	5:00 p.m.	Lounge
February 10	(Monday)	Committee Meeting	1:30 p.m.	Conf Room
February 11	(Tuesday)	General Meeting (11th floor responsible for snacks)	2:00 p.m.	Lounge
February 12	(Wednesday)	Computer Class	10:00 a.m.	Comp Room
February 12	(Wednesday)	Speaker- Solidarity/Diversity	3:00 p.m.	Lounge
February 14	(Friday)	Second Harvest-Food Delivery Box	11:00 a.m.	Patio
February 15	(Saturday)	Soup & Hot Dogs	11:00 a.m.	Lounge
February 17	(Monday)	President's Day	Office Closed	
February 18	(Tuesday)	Speaker-Staying Active	2:00 p.m.	Lounge
February 20	(Thursday)	DVD Bocelli	10:00 a.m.	Lounge
February 21	(Friday)	Rent Rebates (<i>sign up required</i>)	9:00 a.m.	Lounge
February 23	(Sunday)	Social	5:00 p.m.	Lounge
February 24	(Monday)	Therapy Dog visit	11:00 a.m.	Lounge
February 25	(Tuesday)	Free Ear Scans & Hearing Tests	10:00 a.m.	Patio
February 26	(Wednesday)	Free Ear Scans & Hearing Tests	10:00 a.m.	Patio
February 26	(Wednesday)	Speaker-Heart Healthy Lifestyle	2:00 p.m.	Lounge
February 28	(Friday)	Rent Rebates (<i>sign up required</i>)	9:00 a.m.	Lounge



Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Monday	1 p.m.	Patio
Chat Room	Every Thursday	10 a.m.	Patio
Walkers Club	Every Friday	2 p.m.	Outside
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:30 p.m.	Patio
Wii Bowling	Every Friday	5:30 p.m.	Lounge
Yarns Around	Every Sunday	1:30 p.m.	Patio

March Events

Saturday	3/01	Coffee & Donuts	9:00 a.m.
Saturday	3/01	Pinochle Party	12:30 p.m.
Sunday	3/09	St Patty's Party	5:00 p.m.
Saturday	3/15	Soup & Hot Dogs	11:00 a.m.
Wednesday	3/19	Birthday Party	5:00 p.m.
Sunday	3/23	Social	5:00 p.m.



Rent Rebates & Taxes

State Representative McNeil and State Representative Samuelson's offices will be here on:

- Friday, February 21
- Friday, February 28
- Friday, March 7
- 9:00 a.m.—12:00 p.m.



If you are interested in getting your rent rebate & taxes done **you must sign up** with Claudie for an **appointment**.

Sign-ups will begin on Monday, February 3rd



Claudie's



Corner

Martin Sheetz

Audioprosthologist

Will be stopping by on *Thursday, February 6*

2:00 p.m. in the Lounge

to speak to you about *Hearing Loss* and for you to sign up for the *FREE Ear Scans & Hearing Tests*. If you have a hearing aid, he will also check that for you.

Refreshments will be served!

If you want to get *FREE Ear Scans & Hearing Tests* please sign up with Claudie.



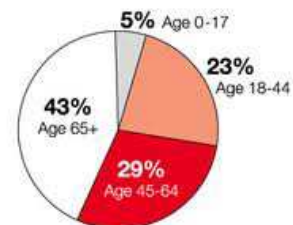
Dates for Ear Scans & Hearing Tests

Tues, Feb 25, 10:00 am 3:00 pm

Wed, Feb 26, 10:00am 3:00 pm

Patio

Who has hearing loss?



Source: <http://ihcp.georgetown.edu/agingsociety/pdfs/hearing.pdf>

We're all on this together.



DeSales University

Presents

Solidarity/Diversity Initiative Program

It helps break down the walls created by society, and gets people to love and understand one another based on being one human family. We inspire respect and development of friendships. Learn about the realities of each other's lives through compassion and patience.

Gui Lopes and students will be here on:

Wednesday, February 12 @ 3:00 pm Lounge



Laura Mendola from Fox Rehabilitation

Will be here to talk about *staying active/ slippery slope of aging/*Importance of exercise/**fall prevention**/and how much exercise is recommended for people over the age of 65.

Tuesday, February 18, 2:00 p.m.

Lounge

Refreshments will be served!



February is American Heart Month

Heart Healthy Lifestyle does the Brain Good.

Tina Zanetti from Arden Courts will be here on:

Wednesday, February 26th

2:00 p.m. Lounge

After you leave this presentation you will know the best brain foods for function and memory. And how your heart works with your brain.

Hope to see you!

Refreshments will be served!



Note from the Manager...

I realize the cold weather has kept everyone inside, cramped up and stir crazy by now. This could be causing some tenants to react differently to situations than usual. Your level of patience may be lower than normal.

We are having a great deal of uncomfortable situations that are unnecessary and could be easily avoided. ~ REMINDER~ The people that live in this building are your fellow neighbors!! Do not harass, argue or curse at your neighbors.

Keep in Mind

Harassment: Lutheran Manor Apartments strongly disapproves of and will not tolerate harassment of residents, staff or visitors. Harassment includes oral, physical or other conduct that creates an intimidating, offensive or hostile living environment, or that interferes with the work of staff. This is a direct violation of the Lease Agreement and could result in eviction.

Community Standards & Conduct: Management strives to maintain a pleasant, safe and comfortable environment for residents. **Foul language** or lewdness is **never permitted**.

Courtney





The Lutheran Manor Staff Ladies

are doing a 3 month **weight loss challenge**.

Please help us out by **not bringing** us those wonderful delicious sweets. We greatly appreciate the thought but not the calories.

We welcome nutritious snacks!



Please be courteous with fellow passengers on the van. Lutheran Manor **does not** have assigned seats on the van.



The Snack Stand

Snacks available
every
Monday & Wednesday
From 3-6 p.m. In the Lounge



Computer Class

If you are **new to Lutheran Manor**, and would like to use our computer lab, **you must attend an initial computer class** with Nancy.

Wednesday, February 5

Topic: New Tenants Class

Wednesday, February 12

Topic: Searching the internet

10 am -12 pm

See Claudie to sign up for classes

Soup & Hot Dogs

Saturday,

February 15th

11 a.m. to 2 p.m.



<u>SOUP</u> : Chicken Noodle	\$2.50
<u>HOT DOGS</u> : Plain, Sauerkraut, or Chili	\$1.50
<u>DESSERT</u> : Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE</u> :	\$1.00

Entertainment:

Majestics

50/50 Drawing



MASSAGE THERAPY

Wednesday, Feb 5th
9:00-4:30

What a better way then to start the **New Year** taking care of you. Give yourself a **Valentine** treat.

If you are interested in getting a massage, please sign up in Claudie's office.

Price: **\$20.00** 1/2 hour **\$40.00** 1 hour

TAI CHI

Every Friday, 12:30 p.m.

Patio

Come and join the fun!



Yarns Around

Every Sunday at 1:30pm

Come down and yarn with the ladies. It's fun and relaxing and great company.



Coffee & Donuts

Saturday, February 1st

9:00 a.m. to 10:30 a.m.

\$1.00 coffee & donut

\$1.00 additional donut

Friends and Family

Welcome



Walkers Club

will be taking a



We will resume in **April 2014.**



Therapy Dog Visit

Monday, February 24th

11 a.m.

Lounge



Did you know that just being around a dog or petting a dog can lower blood pressure?



Zumba Fitness

Come have fun, get in shape & move to the music. You can participate **sitting and/or standing in place.** You decide. Stop by and check it out for yourself.

Every Tuesday @10:00 AM Lounge



SIGHT & SOUND
THEATRES®

PRESENTS

MOSES



The parting of the Red Sea ... the Burning Bush ... the Plagues ... the Ten Commandments finally the greatest Biblical epic of the Old Testament comes to life. - *Moses!* Journey back through time and relive the golden splendor and pride of ancient Egypt, the poverty and oppression of the Hebrew slaves and the humble, broken man that God raised up to become their deliverer. Not only will you be completely immersed in the spectacular, epic events of the story, but you will experience the humanity of *Moses* and the children of Israel as they Struggle for faith, freedom and belonging. This incredible adventure is like none other for this is when God breaks into history and reveals who He is and that He has come to heal the Brokenhearted and set the captives free!

MOSES

TUESDAY, MARCH 18TH

TIME: 11:00 AM

COST: \$52.00

The cost is for show only.



SOCIAL

Sunday, February 23rd

4 p.m. Doors open

5 p.m. Refreshments

6 p.m. Entertainment

Entertainment by:

The Rehrig Brothers

Country Singers

Good Will Offering



Light Refreshments



Trips to Notice...

March 7—Agricultural Hall Allentown Fairgrounds- Valley Flower and Garden Show. Enjoy a refreshing view of the beautiful flower displays and feel Spring in the air. It will be a fun and exciting trip to view the exhibits and see what the retailers have to offer. **Cost: \$6.00**



March 11– Central Moravian Church—Bach at Noon— “Bach at Noon” programming for 2014 continues to explore the music of Bach and Mozart. Bach at Noon is an arts initiative that has been acclaimed regionally and nationally. **FREE Concert**

March 22– Liberty High School-Presents Oliver The Musical– A Dickens classic performance of an orphaned boy, Oliver Twist, as he battles bumbling caretakers, thieves and murderers to find a place he can call home! **Cost: \$10.00**

March 30– Fine Arts & Craft Festival– Kutztown– Student Gallery, Live Music by “The Acoustic Road Show”, Refreshments, Hourly Door Prizes. **\$6.00**

April 28 - Hunterton Hills Playhouse– Busybody-This hilarious play centers on Mrs. Piper, a charmingly nose-y cleaning woman who lives in the basement of the office building she cleans and where, one night, she finds a dead body. Don't miss this one-of-a-kind, laugh-filled whodunnit! **Cost: \$55.00 Luncheon Matinee**

Spring Is
In The Air





Presents



"Busybody"

This hilarious play centers on Mrs. Piper, a charmingly nosy cleaning woman who lives in the basement of the office building she cleans and where, one night, she finds a dead body. By the time the police arrive, there is no body and no evidence of any foul play and the whole thing is chalked up to Mrs. Piper's imagination. But the cleaning woman won't give up, so Detective Harry Baxter, not only has to battle his raging head cold, but the busybody Mrs. Piper, who tries to help solve the mystery with suggestions, theories and finally, her own investigation. There are false alarms, twists and surprises, and everyone is a suspect in this wildly madcap comedic ride!

Don't miss this one-of-a-kind, laugh-filled whodunnit!

Who will solve the mystery first: Detective Baxter, Mrs. Piper, or YOU?

Monday, April 28, 2014

Time: 11:30 a.m.

Cost: \$55.00

The cost includes lunch, gratuity, and matinee

Valentine Pizza Party



Sunday, February 9, 2014

5 p.m. in the Lounge (Doors open at 4 p.m.)

COST:

\$5 per person

\$6 per guest (limit 2)

Menu:

2 slices of pizza
(with cheese or pepperoni
topping)

Lettuce with assorted dressing,

Ice Cream

Coffee or Tea

Soda—\$1.00



Crowning
King & Queen
of Hearts

Entertainment by:

Cindy

Song-Styles

Joe and Bob



Coordinator: Ronnie Clifford

50/50 Draw

3 for \$1.00



VALENTINE PIZZA PARTY

Sunday, February 9, 2014

Place slip in a sealed envelope along with cash payment and
slide it under Marge Bachemin's door Apt #705.



Name: _____ Apt# _____ Phone: _____

Choice of 2 slices of Pizza: _____ (2) Cheese, or _____ (2) Pepperoni

(Both slices must be the same kind) # of Guests _____

Deadline for reservations is Wednesday, February 5th.

CHAPLAIN'S PAGE

THE LAW OF LOVE...

In 1900, Boston decreed that automobiles could not enter the city parks between 10 AM and 9 PM. Those "dangerous contraptions" were considered a threat to woman and children.



In 1904, the first driver was arrested for speeding and sentenced to five days in jail. His crime was traveling in excess of eight miles an hour.

What is lawful at one time may not be legal in a different circumstance. We would be ticketed today for driving only eight miles per hour on most streets.

Rules and regulations may change, but one law has never changed. Jesus said, **"A new commandment I give you, that you love one another; even as I loved you"** (John 13:24).

The law of love never changes. What is lawful is whatever love like Jesus' love compels us to do.

In Christ's love, Chaplain Clark

WORSHIP IN FEBRUARY- 2 pm in the Lounge

Tues., Feb. 4th Rev. Jason Stokes, Notre Dame RC Church, Bethlehem

Thurs., Feb. 13th Rev. Sharon Solt Harfman, Church of the Manger, Bethlehem

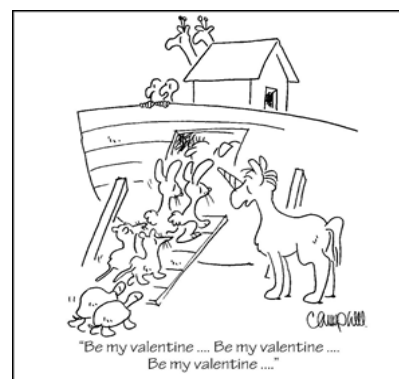
Thurs. Feb. 20th Rev. Lisa Borrell, Christ Lutheran, Lower Saucon

Thurs., Feb. 27th Rev. Jay Wetzel St. John's Lutheran Bath

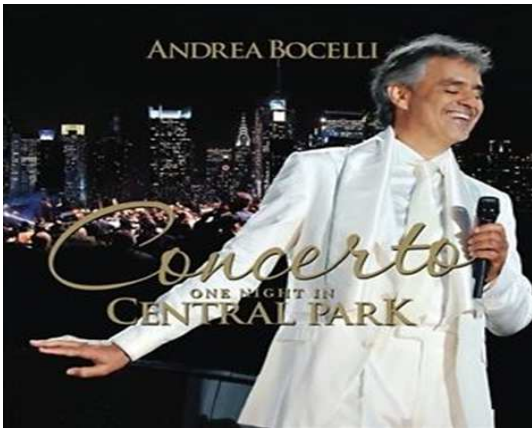
BIBLE STUDY- 1 pm in the Patio every Monday afternoon (**including President's Day**). Presently we are studying the Gospel of St. Luke. Please come join us!

LUTHERAN MANOR CHAT ROOM- 10 am every Thursday in the patio. An entertaining, informative, lively discussion about a variety of topics.

BOCELLI CONCERT ON DVD-Thursday, February 20th in the Lounge at 10 am. (*This is the "requested" other half of the presentation in January. More info elsewhere in this HiLites.*)



BOCELLI ON DVD- THURS, FEBRUARY 20th IN THE LOUNGE- 10 AM



BOCELLI CONCERT IN CENTRAL PARK-

This presentation will present “the other half” of the program in Central Park. Over 35 residents from Lutheran Manor enjoyed the first half in January and requested seeing and hearing the other half of this outstanding concert by Andrea Bocelli. The varied repertoire includes some of Bocelli’s finest performances to date, from the world of classical and pop that he so successfully straddles unlike any other artist. Additional performers include the Philharmonic, under the direction of musical director Alan Gilbert, with special guests Celion Dion, Tony Bennett, David Foster Bryn Terfel Chris Botti and others. Included in this concert are stirring reditions of Amazing Grace, New York, New York, More, Your Love, “O Sole Mio”, The Flight of the Bumblebee, and other pieces.

This event is sponsored by the Lutheran Manor Chat Room.



THE **WOMANS BATHROOM** IS SHUT DOWN

Starting **TUESDAY, February 4th**

For approximately 10 days
while we renovate.

Please use the **men's bathroom**.

The men's bathroom will begin renovations immediately after the woman's bathroom is complete.





Van Trips



March 2014



DATE		TRIP	TIME
March 3	(Monday)	Banks, CVS, \$ Store, Post Office	9:30 a.m._____
March 4	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m._____
March 5	(Wednesday)	Giant	9:30 a.m._____
March 7	(Friday)	Valley Flower and Garden Show @ AG Hall \$6.00 /Lunch @ Wert's Cafe	9:45 a.m._____
March 10	(Monday)	Weis	9:30 a.m._____
March 11	(Tuesday)	Central Moravian Church "Bach at Noon" Free Concert	11:15 a.m._____
March 13	(Thursday)	Tri-Boro Spaghetti Night	4:45 p.m._____
March 17	(Monday)	Breakfast@Palace/Elias Farmers Market	9:30 a.m._____
March 18	(Tuesday)	Sight & Sound-Moses \$52.00	8:30 a.m._____
March 19	(Wednesday)	Redners Market and Dollar Store	9:00 a.m._____
March 20	(Thursday)	Lunch/Movie at Carmike	10:45 a.m._____
March 22	(Saturday)	Oliver The Musical @ Liberty High School \$10.00	6:30 p.m._____
March 24	(Monday)	Breakfast/Wal-Mart	9:30 a.m._____
March 25	(Tuesday)	Lehigh Valley Mall/ Dinner@ Golden Coral Buffet & Grill	3:00 p.m._____
March 28	(Friday)	Allentown Farmers Market/Lunch @ Ritz Barbecue	9:30 a.m._____
March 29	(Saturday)	Pig Stomach Dinner @ Jacob's Church \$13.00	2:30 p.m._____
March 30	(Sunday)	Fine Arts & Crafts Festival-Kutztown \$6.00	9:30 a.m._____

Please fill out the form and I will meet you at the Lounge after 9 a.m. on the first day of the month to collect.

Thank you!

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

FEBRUARY 2014



Sun Mon Tue Wed Thu Fri Sat

						<p>1 9:00 Coffee & Donuts 12:30 Pinochle Party</p> 
<p>2 1:30 Yarns Around</p>	<p>3 10:00 Exercise 1:00 Bible Study 6:00 Bingo</p>	<p>4 10:00 Zumba 2:00 Rev Jason Stokes, Notre Dame RC Church, Bethlehem</p>	<p>5 9:00 Massage by Appointment 10:00 Computer Class 1:00 A Matter of Balance Class (8th)</p>	<p>6 10:00 Chat Room 2:00 Speaker-Hearing Loss</p>	<p>7 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>8</p>
<p>9 5:00 Valentine's Party</p> 	<p>10 10:00 Exercise 1:00 Bible Study 1:30 Committee Mtg 6:00 Bingo</p>	<p>11 10:00 Zumba 2:00 General Meeting</p> 	<p>12 10:00 Exercise 10:00 Computer Class 3:00 Speaker- Solidarity/Diversity</p>	<p>13 10:00 Chat Room 2:00 Rev Sharon Solt Harfman, Church of the Manger, Bethlehem</p>	<p>14 11:00 Second Harvest Food Delivery</p> 	<p>15 11:00 Soup & Hot Dogs</p> 
<p>16 1:30 Yarns Around</p>	<p>17 OFFICE CLOSED</p>  <p>President's Day</p>	<p>18 10:00 Zumba 2:00 Speaker-Staying Active</p>	<p>19 10:00 Exercise</p>	<p>20 10:00 DVD Bocelli 2:00 Rev Lisa Borrell, Christ Lutheran, Lower Saucon</p>	<p>21 9:00 Rent Rebates 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>22</p>
<p>23 1:30 Yarns Around 5:00 Social</p> 	<p>24 10:00 Exercise 11:00 Therapy Dog 1:00 Bible Study 6:00 Bingo</p>	<p>25 10:00 Zumba 10:00 Ear Scans & Hearing Tests</p>	<p>26 10:00 Exercise 10:00 Ear Scans & Hearing Tests 2:00 Speaker—Heart Healthy Lifestyle</p>	<p>27 10:00 Chat Room 2:00 Rev Jay Wetzal, St John's Lutheran Bath</p>	<p>28 9:00 Rent Rebates 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	